

# Arts, Science and Commerce College, Naldura

Dist. Osmanabad (Maharashtra)

### **Internal Quality Assurance Cell**

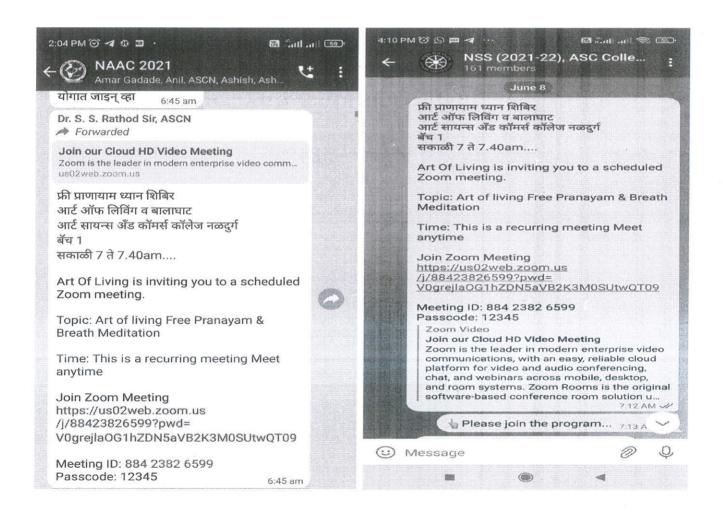
(9421356857)

Co-ordinator: Dr. Manoj C. Zade Chairman Prin. Dr. Sanjay. L. Korekar (9422655257)

Date: 08-06-2021

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### **Notice for Yoga and Meditation Program**



Hrogram Officef Arts. Science & Commerce College Naldurg, Dist. Osmanabad-413602





# Arts, Science and Commerce College, Naldurg

Dist. Osmanabad (Maharashtra)

**Internal Quality Assurance Cell** 

Co-ordinator : Dr. Manoj C. Zade (9421356857)

Chairman Prin. Dr. Sanjay. L. Korekar (9422655257)

Date: 07-06-2021

Naldurg (413 602)

(M.S.)

#### Permission to Conduct a Programme

- 01) Name of the Department National Service Scheme & Department of Sport
- 02) Type of Programme Extracurricular
- 03) Title of Programme Yoga and Meditation
- 04) Name of Chairperson Dr. Sanjay Korekar
- 05) Name of the teachers conducting the programme,

Dr. Nilesh Shere

Dr. Rohini Mahindrakar

Mr. Mahendra Bhalerao

Dr. Ashok Kamble

- 06) Class of the students attending the programme B.A., B. Sc., B. Com- I, II & III
- 07) Date 12 June, 2021
- 08) Time -07 am to 08 am

09) Place of the Programme - College Auditorium

Signature of Torschor

Arts. Science & Commerce College Naldurg, Dist. Osmanabad-413602 QAC

Co-Ordinator

PRPminorpal

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### Report and Attendance of Programme Conducted

Date: 12-06-2021

Time: 08:00 am

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Naldurg

Dist:-Osm

Name and Signature of Chairperson: Dr. Sanjay Korekar

Name and Signature of Concerned Programme Head: Dr. Nilesh Shere

Total Attendance: 61

Report-

#### Yoga and Meditation

Five Days online Yoga and Meditation camp was organized jointly by the Department of National Service Scheme and Department of Sports of our college and Art of Living, Osmanabad. This camp was held daily from June 8, 2021 to June 12, 2021 at 07 am to 08 am. For this camp, Dr. M. B. Birajdar, Art of Living, Osmanabad and Dr. Suryakant Aglave, Jawahar Mahavidyalaya, Andur were the guides. They emphasized the importance of yoga and meditation in the epidemic of Corona and demonstrated various forms of yoga. At the beginning of the program, the principal of the college, Dr. Sanjay Korekar introduced the program and Dr. Subhash Rathod expressed his views. The camp was attended by teachers, non-teaching staff and students of our college. The program was moderated by Dr. Santosh Pawar while the vote of thanks expressed by Dr. Uddhav Bhaie.

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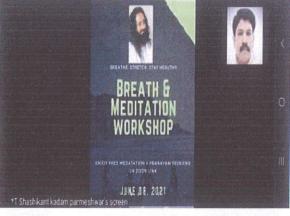
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NSS Program Officer
Arts. Science & Commerce College
Naldurg, Dist. Osmanabad-413602

PRINCIPAL
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